

June 21, 2022

OVERVIEW:

The Louisiana Department of Health has issued [Informational Bulletin 22-17](#), updating the policy regarding allergy testing and allergen immunotherapy.

Summary:

The MCO shall cover allergy testing and allergen immunotherapy relating to hypersensitivity disorders manifested by generalized systemic reactions as well as by localized reactions in any organ system of the body.

- Covered allergy services shall include:
- In vitro specific IgE tests;
- Intracutaneous (intradermal) skin tests;
- Percutaneous skin tests;
- Ingestion challenge testing; and
- Allergen immunotherapy.

The MCO shall cover allergy testing for enrollees who have symptoms of allergic disease, such as respiratory symptoms, skin symptoms, or other symptoms that consistently follow a particular exposure, not including local reactions after an insect sting or bite.

The MCO shall cover allergen immunotherapy at:

- A minimum of 180 doses every calendar year, per enrollee, for supervision of preparation and provision of antigens other than stinging or biting insects; and
- A minimum of 52 doses every calendar year, per enrollee, for supervision of preparation and provision of antigens related to stinging or biting insects; The MCO shall cover allergen immunotherapy doses exceeding the above quantities when medically necessary.

Questions and Support:

For questions, please contact LAProvider@AETNA.com or call 1-855-242-0802 and follow the prompts.